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### stepping in where health care ends

#### For Immediate Release

September 16, 2016

# Variety - The Children's Charity Donates \$250,000 to Lions Gate Hospital Foundation's Youth Mental Health Campaign

Support goes towards innovative new care and treatment for mental health for young adults

(North Vancouver, BC) September 16, 2016 - Variety - The Children's Charity recognizes the importance of mental health for BC's youth and paid that recognition forward with a \$250,000 donation to the brand new HOpe Centre at Lions Gate Hospital, supporting mental health and addiction services for youth. The donation goes directly towards Lions Gate Hospital Foundation's Youth Mental Health Campaign, providing care and support for BC kids and families dealing with the challenges surrounding mental health and addiction, all the more prevalent when one looks at local news pertaining to the fentanyl crisis taking the lives of so many, particularly young adults.

"We're thrilled to be able to support so vital a support centre," said Variety BC Executive Director, Kristy Gill. "The challenges our youth are facing today need innovative and intensive support, and that's what the HOpe Centre at Lions Gate Hospital is providing, both for the kids battling with mental health issues and addiction, and their loved ones. We were glad to be able to step in and support this incredible place and program."

The state-of-the-art HOpe Centre is still undergoing renovations, but the bulk of the building has been completed. It features open space, exposed wood beams, and natural, bright light at every turn. The brightness of the architecture was intentional, with Lions Gate Hospital Foundation's Rebecca Hall noting that brighter spaces have been proven to increase healing and reduce in-care time.





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"The HOpe Centre represents just that – hope for youth and families dealing with the incredible challenges that surround mental health and addiction issues. The contribution from Variety BC ensures that we can provide the best care for our patients, their families, and provide this community with an unprecedented level of support. We thank Variety - The Children's Charity and look forward to sharing success stories."

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### **About Variety - The Children's Charity:**

Variety steps in where health care ends, providing direct help to children in B.C. with special needs. For 50 years Variety has ensured children have support to reach their unique potential. Since 2010 Variety has distributed more than \$30 million in funding to families and organizations in B.C.

For more information on how you can support Variety - The Children's Charity, visit variety.bc.ca or call 604.320.0505.

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